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# Annual Report 2018-19



**Parivartan Sandesh Foundation**



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# Contents

1. To Our Patrons
2. Vision
3. Goals
4. PSF: For Support & Care
5. Objective of PSF
6. Major Announcement
7. Our Path To Progress
8. Academic Adoption Programme
9. Health & Survival
10. Awareness Campaigns
11. Audits & Reports

01

# TO OUR PATRONS



## **Greetings from Parivartan Sandesh Foundation (PSF)!!!**

It is always a pleasure to write a report when there is good news to convey. 2018 had been a very active year through out. It left us with lots of excitement for New year 2019. PSF is very much satisfied with the activities displayed and mission accomplished in 2018. We would continue with the dedicated work of service to the community and achieve the goal with good response.

I appreciate the active participation of the team members who had contributed and shared the supportive moments. PSF believes in changes for betterment and upliftment. We work not only for health in action but also in the field of educational

Assistance and woman empowerment. Now that we are also a part of International Social Workers and Youth Leaders that would certainly help us reach our goal with high spirits and new energies.

I am pleased and honored to release the Annual Activity Report 2018 of PSF reflecting the glimpses of services of 2018. PSF Team is doing such a good job for the poor and needy that reporting their achievements becomes a real joy.

PSF will be in 9 years officially in 2017. Our mission is to act as an agent of change to help the poorest of the poor.

This is only made possible through the generous funding we receive from members and individual donations.

Also note, this NGO is a Delhi Registered Public Charitable Trust. All contributions are eligible for 50% rebate in Income Tax under Section 80G and Corporate donors will get 100% credit under Corporate Social Responsibility (CSR). We are also registered with FCRA.

This is the report for you about the happenings in PSF during the year April-2018 to March-2019. Hope you enjoy reading it.

# 02 VISION

PSF an open door on a pathway of Change that will have multiple impacts on the economically under privileged and lead to a better life.



# 03 GOALS



Create positive change in the lives of the economically under privileged and under served. Execute programs with high efficiency and minimized costs through partnerships with NGOs, like-minded organizations and corporate programs.

Provide multi-dimensional support for the entire family and not just for the women.

Research and develop innovative solutions to the problems of the urban poor and Beneficiary Satisfaction.

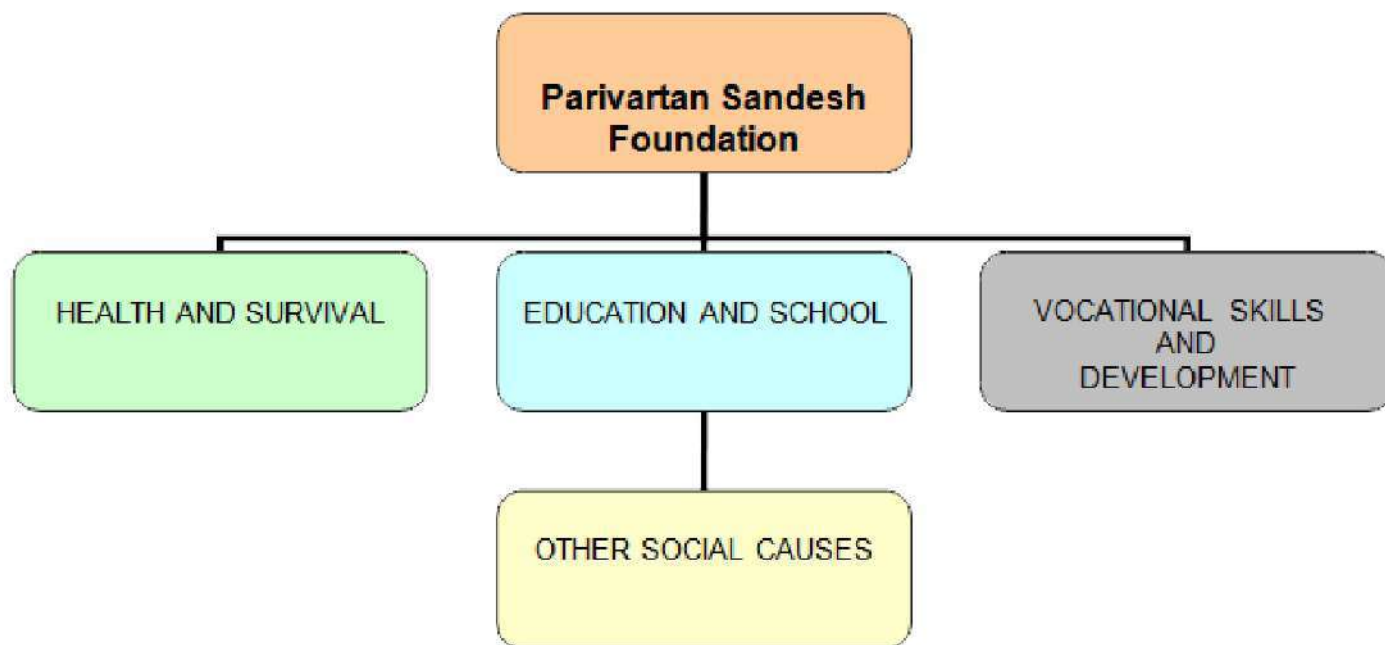
04

# PSF - FOR SUPPORT & CARE



PSF in full form is Parivartan Sandesh Foundation. As its name suggests, it is marching forward with its mission tirelessly, spreading its benevolent services in Health Action Programs, Contributing in Education, Conducting Social developments, Promoting Tribal Welfare Programs and striving to empower women with trained guidance.

PSF's work can be broadly classified into 4 major fields:



We believe that these are the areas of greatest need and deserve to be the foci of our attention. These three are the inter-related fields and together the only way to make a sustainable and impact full difference among the beneficiary population. The ultimate aim of our organization is to help and motivate those in need with full respect, love and commitment, with a thought to not deliver charity but to empower them to have a better living standard and a dignified life created by their own.

05

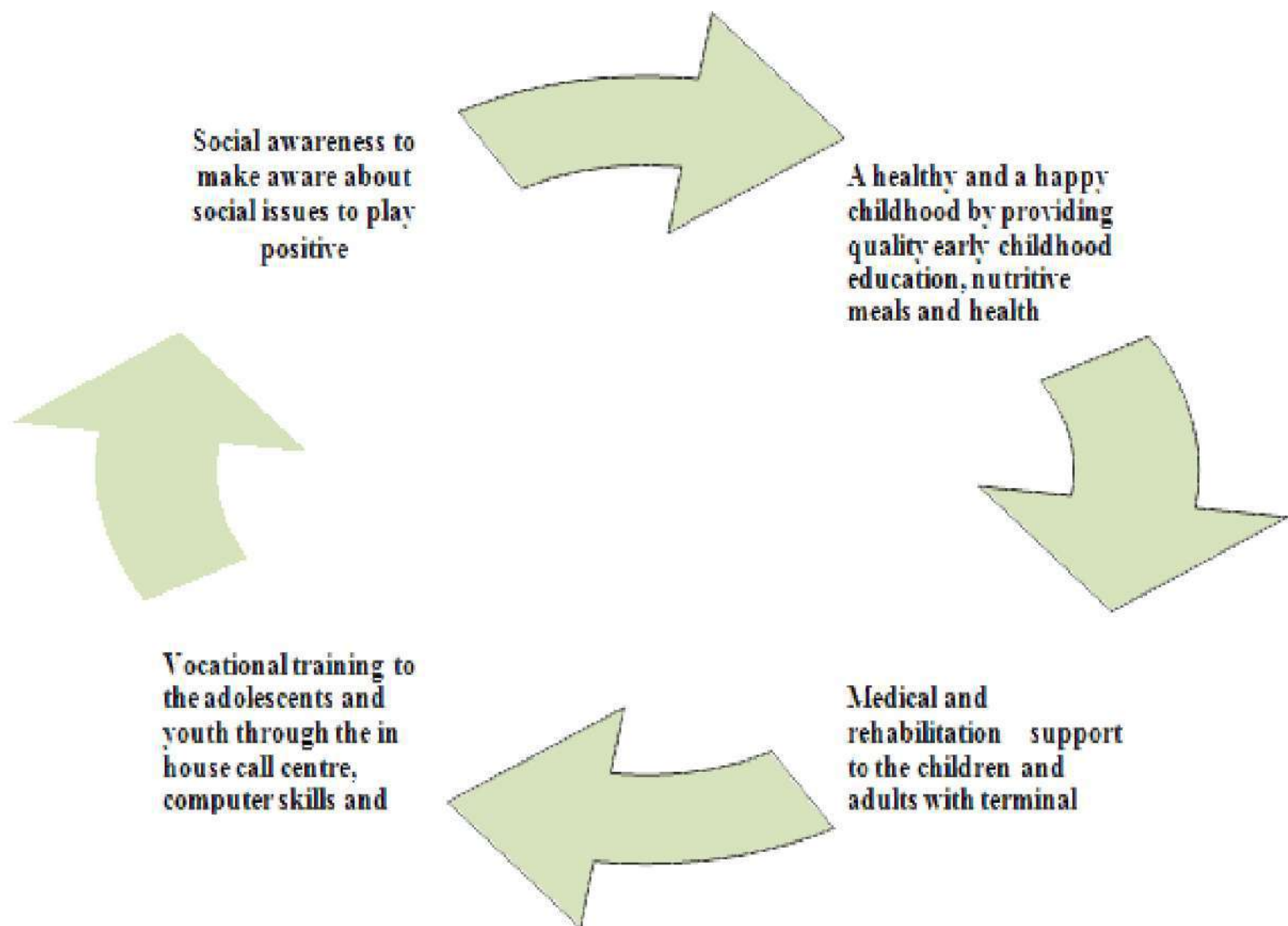
# OBJECTIVES OF PSF



Objectives

The organization is inclusive in its approach and aims to ensure the rights of the children, adults and women through providing opportunities and services for education, health and livelihood.

The specific objectives of the organization include the following:-



06

# MAJOR ANNOUNCEMENTS





Feel blessed to have witnessed countless stories of hope and transformation over the past eight years. Our journey began with to support one girl to whom her family was about to abandon because she was suffering with heart problem and her family could afford her treatment. As we continue to work on our commitment of Betterment of the society, we acknowledge the enormity and scope of work ahead of us. We will continue to strive vigorously to empower destitute people through our various projects.

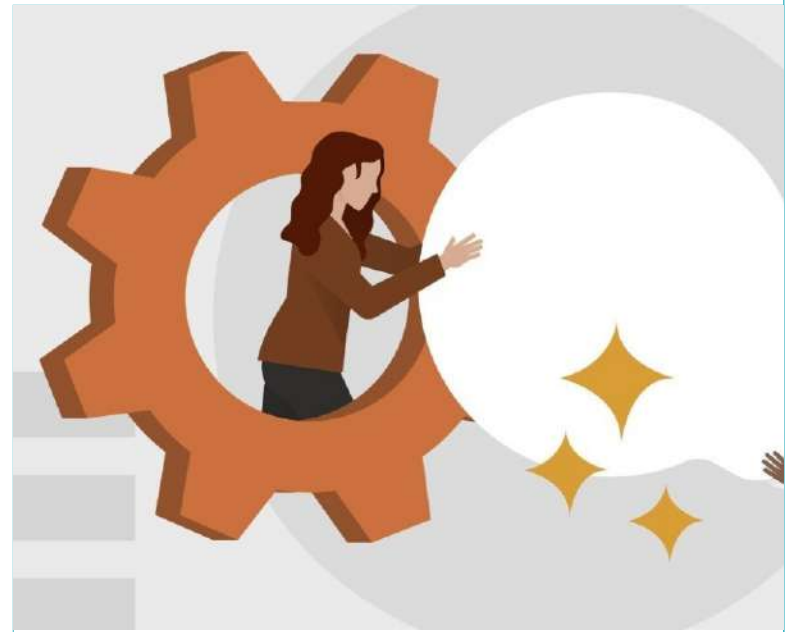
Since the inception of Parivartan Sandesh Foundation, we have evolved, adapted, and overcome challenges that came our way. As an organization that has maintained its trustworthiness in the Health sector, we are now taking pivotal steps in exploring new avenues and undertaking more initiatives across the country that will further enrich our program.

We are now expanding our latitude from enhancing health status of children to enriching nutritional status by creating an environment that will enhance their overall experience of school education and enable their inclusive growth and development.

New initiative **ANNA PATRA** encapsulate Parivartan Sandesh Foundation's progress in the year 2018-19 and give insights into the Foundation's ongoing and upcoming transformation. Objective of ANNA PATRA program is to influence the formation of a comprehensive strategy which includes measures that go for the holistic development of school-going children in India through nutritious meal.

We will enthusiastically support policy changes based on the efficacy and impact of our new initiatives. Aspire' will encapsulate ANNA PATRA's progress in the year 2018-19 and give insights into the Foundation's ongoing and upcoming transformation. We are now expanding our latitude from enriching nutritional status and health of children to creating an environment that will enhance their overall experience of school education and enable their inclusive growth and development.

As we prepare to do so, we look forward to more cross organizational collaborations and knowledge-sharing partnerships that will maximize our collective efforts. Today, our beneficiaries and their families stand as inspiring examples of the remarkable transformation that Health & Nutritious food for is capable of bringing education in their lives.



2018 was another record breaking year in so many aspects. Considering suggestions of donors, Parivartan Sandesh Foundation started project **WORLD WILD FEDERATION (WWF)** to save stray animals. WWF start initiatives to help dogs, cats and cattle at Delhi & NCR.

Reflecting Lives:- Initiative to provide reflecting neck collars to stray dogs and cattle so that drivers can recognize their presence on roads from a convenient gape to prevent the accidents. This will also decrease the mortality rate of stray animals due to accidents. Our volunteers tie reflecting collars to 1500 stray dogs & 200 Cattle.

Another initiative is to vaccinate the stray animals with Anti Rabies Vaccination so that they can leave in residential areas and residents can feed or care them without any fear. Over 300 dogs were sterilized so far at different residential areas or residential societies at Delhi & NCR.

These achievements and many more were only possible with support of our honorable donors, without whom nothing could be done to help these animals in need. Thank you for what you did for animals in 2018! Together we can change the world for millions of some the most abused and neglected inhabitants of our planet.



07

# OUR PATH TO PROGRESS



The importance of education for the development of a country must not be underestimated because education is the tool which alone can inculcate national and cultural values and liberate people of false prejudice, ignorance and representations. Education provides them required knowledge, technique, skill and information and enables them to know their rights and duties towards their family, their society and towards their motherland at large. Education expands their vision and outlook, provokes the spirit of healthy competition and a desire to advance for the achievements of their consciousness regenerating truth, and thereby capability to fight ignorance, injustice, corruption, violence, disparity and communalism, the greatest hazards to the progress of the nation. Education is thus a means to stir up the consciousness of the people against injustice, violence and disparity, generally resulting in unrest and violence.

We at PSF are trying to send ripples of hope by supporting quality education projects for under-privileged children in India. Our goals are focused on what matters to the children and what makes a difference in their lives.



We believe that Education paves the path to disillusionment. It wipes out the wrong beliefs from our minds. It helps create a clear picture of things around, and erases all the confusion. It kindles the flame of curiosity and helps awaken the abilities to question, and to reason. The more we learn, the more questions we have, and without questions, there are no answers. Education teaches us to find answers. It makes us more self-aware. It leads us to enlightenment. We are supporting other Institutions, schools & social organizations to support children for education from secondary to senior level age group.



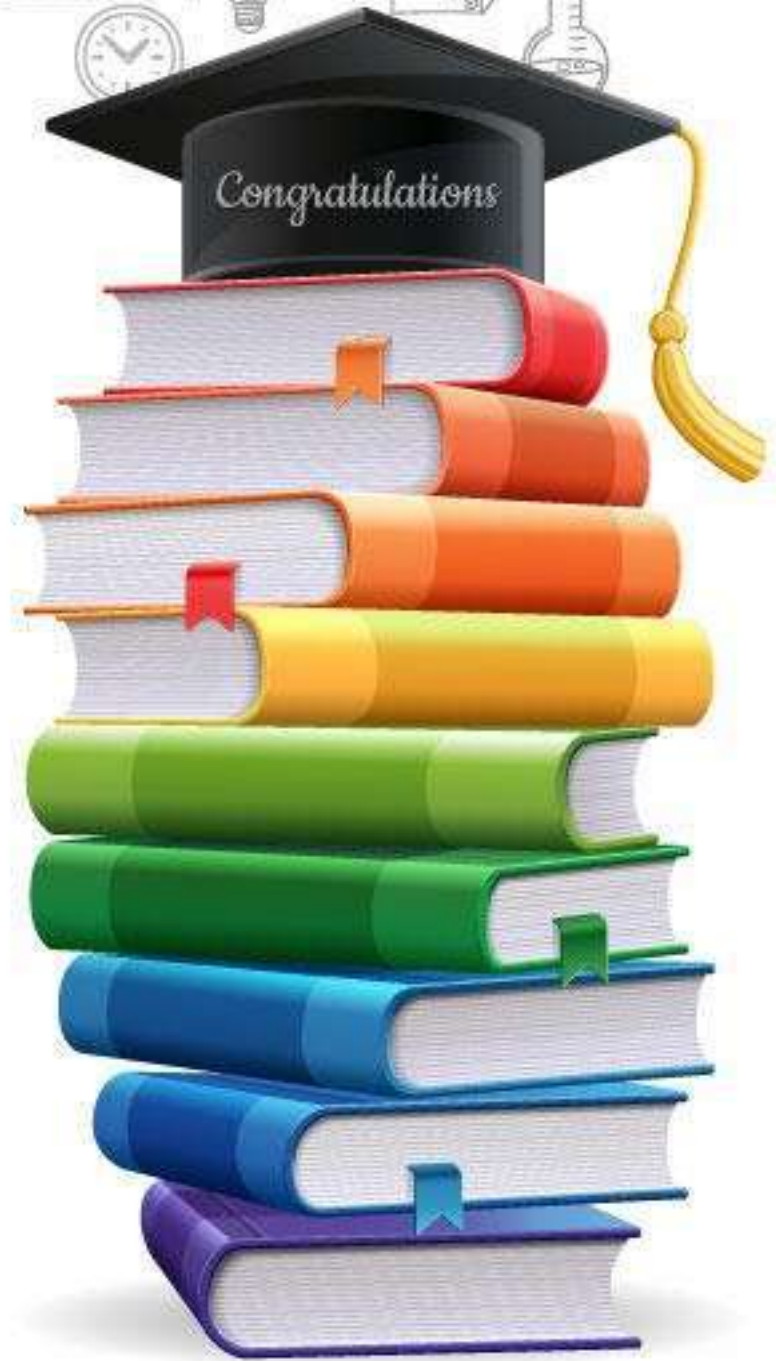
Although not enlisted as one of the three basic human needs, but education is equally important for the progress of a nation, for the enrichment of society in general, education is important. A country's literate population is its asset. In today's competitive world, it won't be wise to neglect the importance of education for the development of society as a whole. Most countries have realized this. It has led to the development of many government-aided educational programs and government grants to schools and colleges. The motive behind this is fostering education in society. The future of a nation is safe in the hands of the educated. Education is important for the social development and economic growth of a nation. The school years are the grounding years of one's education. Schools are institutions that lay the foundation of a child's development. They play a key role in developing children into responsible citizens and good human beings. It's a school where young talent is recognized and nurtured.

On leaving school, we are all set to soar high in life, and enter the real world in pursuit of our dreams. Since our existence, we are providing Pre-primary education with moral & formal values in our school located various locations at Navi Mumbai, Delhi & NCR. Since 2011 to 2018 approx 3250 children get primary & moral education at our centres and about 2,25,000 people attend our camps to be aware about the importance of education.

Currently we are supporting primary education of about 125 children of different age groups under initiative OUR PATH TO PROGRESS at Amrit Varsha School, Sector-6, Vasundhra, Ghaziabad, U.P. With your continued support, PSF has been able to support education of India's underprivileged children. We hope that you, the patrons of PSF - will continue to support the cause and take an active role in our projects.



# ACADEMIC ADOPTION PROGRAM

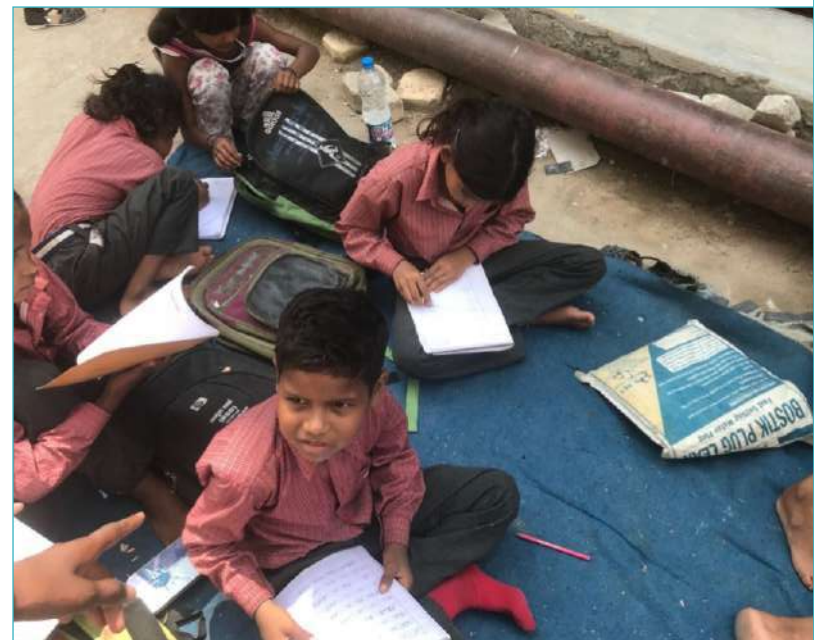


Education is not preparation for life; education is life itself. At PARIVARTAN SANDESH FOUNDATION, we believe that education is the cornerstone of success and is the most important solution to breaking the vicious cycle of poverty. Children and youth are the future of any country. Hence, we invest lot of our efforts in these sections of the society to ensure that all children and youth from tribal areas will get equal opportunities to shine in this world. With a family income of less than 10,000 the urban ultra-poor often struggle to make ends meet.

They are the absolute bottom of the pyramid. The lower the household income level, the more desperate is the condition for the children. In such situations, education becomes the first thing to be dispensable.

Every such drop-out is an opportunity lost. Even if they were to complete schooling, they would be completely unprepared for any kind of subsequent career opportunities except for jobs at entry level with meager pay.

Without education, a laborer's child will grow up to be a labourer. And it will take 25 years before another generation gets an opportunity for education.



NGO's Academic Adoption Program attempts to break this cycle. PARIVARTAN SANDESH FOUNDATION'S Academic Adoption Program is designed to transform the lives of the underprivileged children by providing them access to high quality education through academic sponsorships.

Eligible children are selected by a thorough needs assessment based on tried and tested socio-economic criteria. Parents of eligible children are counseled about the importance of education. Children are then enrolled after assessing the commitment to education that their parents show, their willingness and several such criteria. Being a long term program it is important that the families are supportive.

The Academic Adoption Program is a hands-on program and adopts a holistic approach with regard to the development of the child by providing the family with healthcare and counselling support. As a part of the program, the children and their families have automatic access to the multi-dimensional interventions that PARIVARTAN SANDESH FOUNDATION undertakes in the areas of upliftment. From 1st Std to Vocational Training & Professional courses as well as Livelihood Development programs. On 2017 the total number of students supported with school/college fees is 64. Among them there are the students of - Electronics and Telecommunication Engineering, Information Technology, IT Engineering, Computer Engineering , Master of Social work, Mechanical Engineering, Advance Diploma in Renal Dialysis technology etc.





The students in tribal or city are monitored at home/ village and at school through regular meetings with parents and the school regarding attendance, performance, health and any special needs. Donors support of the education of the children that they most relate to and form a long-term relationship with them. Hence, performance of the child in school, interests and other engagements of the child are informed to the donors. Donors also have the opportunity to become mentors for their children. Donors also engage with their sponsored children through letters or visiting them.

We hope that it will be a catalyst in helping them break the cycle and move their lives away from poverty. PARIVARTAN SANDESH FOUNDATION is committed to supporting as many children as we can through this program.

This growth is impossible without the continuous help of our donors. While we provide financial support until they finish school, we also urge our donors to mentor these children. Our objective is to help each child realize their dreams and help them fulfill it.

09

## HEALTH & SURVIVAL



The growth of cities has always been accompanied by the growth of slums. The industrial revolution has led to the migration of people to slums in cities, which created new conditions of ill health due to overcrowding, poor housing and unsanitary environment, coupled with poverty. Understanding public health needs in urban areas requires a different conceptual framework. Traditionally, it is understood that alleviation of poverty is the most important precursor of improving general health. But in urban areas, the marginal increase in income for the poor, in itself, does not assure better living conditions due to wide disparities, which make decent accommodation, and clean water and air unaffordable. Moreover, certain necessities, which existed as free goods in rural settings, are commodities in urban areas such as drinking water, cooking fuel, housing space, etc. The poor are typically driven to the margins of the urban space, where living conditions are the most degraded and of little economic value. If we take the particular case of Delhi- NCR, one-fifth of its population resides in slums. According to the Global Report on Human Settlements of 2010, urban slums are characterized by lack of basic services, substandard housing facilities, overcrowding, unhealthy living conditions; hazardous locations, poverty and social exclusion.

Against above backdrop to reach out to disadvantaged slums population PSF is implementing PSF Mobile Dispensary from 2013 to provide primary health services by a MBBS doctor & below are the objectives of project **HEALTH FOR ALL**





To provide free medical checkup in slums to increase the opportunities for health care for poor people specifically to those who are underprivileged.

To detect the prevalent disease or illness to take early measures and interventions.

To bring awareness among women, children and senior citizens on healthy living and hygiene issues. The Infant mortality rate & critical illness & other physical defects to newborn children happened due to poor maternal health during pregnancy & lack of care of newborn after birth. Health care Unit will also provide essential medicines which are needed for better health of mother & proper growth of child during pregnancy.

Dispensary will carry all primary medicines to avoid malnutrition, diarrheal diseases, respiratory infections and other preventable infections among the school children.

In slums the importance of the personal hygiene is not properly appreciated. Environmental sanitation is very poor in slums. In most of the places, there are no proper arrangements for disposal of human and animal wastes, sewage and salvage etc. Trust is already activated in to construct community latrines but it needed to be done on high scale. On initial level we can educate the people by visiting at their own place time to time.

# Heart Energize

Pregnancy and childbirth are the leading causes of death, disease and disability among women of reproductive age in urban rural population. Lack of medical facilities, incomplete supplementation of iron and folic acid, bad environmental conditions and lack of access to regular check-ups increases the infection risk in infants before birth.

Congenital heart defects are the most common infection causes among the infants due to poor prenatal health services and bad environmental surroundings. Congenital heart defects can disrupt the normal flow of blood through the heart. The defect may cause the blood flow to slow down, go in the wrong direction, go to the wrong place, or it may block the flow completely.

Existence of these defects are mainly found in urban rural population where ladies live with bad environmental resources like close to factories, disposal area's around the railway lines or at industrial areas.

PSF is working from 2011 to save the lives of poor children suffering with congenital heart defects and came from all over India to treat their children at Govt. Hospitals. From 2011, about 280 children get benefit from Heart Energize Program from which 15 children get treated at Fortis Health Care Hospital, Gurugram during April 2018 to March 2019.





## ***INDERADHANUSH CHARITABLE DISPEANSRY***

Public health in India is at the cross roads, facing multiple challenges and competing priorities. The issue of the health status of urban poor in India is one such important issue. India, with its fast growing economy and rapid urbanization, faces the major problem of the increase in urban poverty. The urban population of India constitutes 328 million people. Over one fourth of this population lives in urban slums under poor environmental and sanitary conditions. This results in increased susceptibility to disease and ill health. Trends in urban poverty suggest that the number of urban poor in the country is expected to considerably increase in future. Poverty compounded with compromised environmental conditions results in poor health consequences for the urban poor.

India's massive population, it would seem, is the largest obstacle to running an efficient state health care plan for the poor. At every stop in the investigation, themes of overcrowding, overworked medical staffs and failing equipment dominated conversations. At smaller rural primary health centers throughout India, the doctor-to-patient ratio can be as high as 75,000 to one, according to the doctors who work there.



The health statistics of the urban poor are worse than the urban averages. This may be a consequence of living in degraded environment, inaccessibility to health care, irregular employment, widespread illiteracy and lack of negotiating capacity to demand services.

To facilitate the poor people for health services PSF launched Inderadhanush Charitable Dispensary in April-2018 to provide primary health check-ups with free medicines to slums residents by a MBBS Practitioner. From April-2018 to March-2019 about 12,500 beneficiaries get benefit for health services through this dispensary below are the objectives of the project.

Addressing community health needs and improving the health of the poor and vulnerable living in slums by providing basic health services.

Implementing preventative health measures, such as spreading good health practices, awareness generation and early detection of diseases.

To bring awareness among women, children and old on healthy living and hygiene issues. Serious attention on Infant mortality rate, critical illness & other physical defects to newborn children resulting due to poor maternal health during pregnancy & post natal care of the new born.

To educate the community about specific diseases so that they can take preventive measures and are able to take prompt action in case of sickness as well.

To provide supplements for vitamin D, Vitamin A, Iron, Calcium, Folic acid to reduce the effects of malnourished food

To attend ignored family members like senior citizen at door steps

To help improve nutritional status of children and women.

To promote family planning.

To create awareness on Personal hygiene, cleanliness, malnutrition, sanitation etc.

PSF Charitable Dispensary is providing Free of cost diabetes medicine, Hepatitis B vaccination, Nutrient supplement, Primary health check-up & medicines.



## FIGHTING WITH EARLY PUBERTY

Girls normally start puberty between their 9th and 14th birthdays. Off late, researches have revealed that girls have been entering puberty at an earlier age. If signs of puberty begin before the age of 7 or 8, then it is considered to be early puberty or precocious puberty. This is fairly rare only 1 in 5000 girls is affected. But it can be a very difficult period for your child both emotionally and physically. Hence, it is important that as parents, we do not go into denial and brush off these symptoms as it is too soon to hit puberty.

The signs of early puberty are mostly similar to the signs of normal puberty it just appears earlier than usual. While in most cases, an early puberty does not impact the health of the child, in certain cases, it points towards an underlying medical condition. So it is important to determine the cause of your child's early puberty.

Puberty as such is a confusing time, even when it occurs on a 12 year old. When it happens earlier, your child is all the more unprepared for the changes that is happening to her. This can lead to different emotional problems like stress, self-consciousness and depression.





When a girl hits early puberty before the age of 7 or 8, she might be teased to having breasts and menstruation by her school mates, friends or society. This can have a major negative impact on the young mind, and she may withdraw her social life, Also this situation is not easy to handle for parents, as every second they remains stressed for safety and sex abuse of their daughter from bas social elements.

Most of the families doesn't understand this problem and not take seriously. Specially the girls from lower income group families. Due to illiteracy and because of narrow-minded they not easily reveal their daughters problem with anyone. Secondly due to lack of finance most of families could not continue the treatment also after knowing the condition of their daughter.

PSF launched program Fighting with Early Puberty in 2012 to support girls suffering with **Central Precocious Puberty to control the problem girls advised to take monthly basis injection for further** development of Gn-RH hormone till the age of 13 or 14 years. This treatment is expensive for a family with monthly income of less than 10,000. PSF supporting 3 girls for the treatment of Central Precocious Puberty.

# 10

## AWARENESS CAMPAIGNS



PSF strongly believes that social and behavior change interventions can positively influence in promoting the adoption of healthy behaviors and practices. Communities, families, and healthcare workers armed with the right skills and information can maximize access to preventive health actions, lifesaving commodities and good-quality health services. Through social and behavior change activities, we aim to raise awareness, reduce misinformation, and address the barriers that prevent individuals, families, and communities from practicing lifesaving behaviors to improve health outcomes.

Our small scale grassroots level health awareness programs can improve health outcomes in a wide range of areas through community education and applied research. We are committed to preventive healthcare, ending preventable child and maternal deaths, promote intake of nutritious food, and protecting communities from infectious diseases. The social determinants like knowledge, attitudes, social and cultural norms, and behaviors too play an important role in health at the individual, family, and community levels. These social and behavior change interventions, complement and enhance the role played by accessible public health services, such as counseling, testing, and treatment; provision of antenatal care; or provision of family planning services. Under this program IN 2018 PSF reach about 12000 people to spread the knowledge of health awareness and health services available by the government for poor people





**FORM NO. 10B**

[See Rule 17B]

**Audit Report under section 12A (b) of the Income-tax Act, 1961 in the case of  
charitable or religious trusts or institutions**

I have examined the balance sheet of PARIVARTAN SANDESH FOUNDATION AABTP9011F [name and PAN of the trust or institution] as at 18/09/2019 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution

I have obtained all the information and explanations which to the best of my knowledge and belief were necessary for the purposes of the audit. In my opinion, proper books of account have been kept by the head office and the branches of the above-named institution visited by me so far as appears from my examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by me subject to the comments given below:

In my opinion and to the best of my information, and according to information given to me the said accounts give a true and fair view: -

- i. in the case of the balance sheet of the state of affairs of the above-named institution as at 31/03/2019
- ii. in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2019

The prescribed particulars are annexed hereto.

**For KUMAR CHANDAN & ASSOCIATES**  
**Chartered Accountants**

**(KUMAR CHANDAN)**  
**PARTNER**

**Membership No: 512866**  
**Registration No: 0025164N**

**Place : NEW DELHI**  
**Date : 18/09/2019**  
**UDIN : 19512866AAAABP3950**



POWER  
(Regd.)  
Signature

**ANNEXURE**  
**STATEMENT OF PARTICULARS**

*Application of income for charitable or religious purposes.*

1.	Amount of income of the previous year applied to charitable or religious purposes in India during that year.	<b>9029651</b>
2.	Whether the institution has exercised the option under clause (2) of the Explanation to section 11 (1)? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year.	<b>No</b>
3.	Amount of income Accumulated or set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust Wholly for such purposes.	<b>NA</b>
4.	Amount of income eligible for exemption under section 11(1)(c) [Give details]	<b>No</b>
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2)	<b>0</b>
6.	Whether the amount of income of mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b)? If so, the details thereof.	<b>NA</b>
7.	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(B)? If so, the details thereof.	<b>NA</b>
8.	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year :-	
a.	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	<b>No</b>
b.	has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account referred to in section 11(2)(b)(ii) or section 11(2) (b) (iii), or	<b>No</b>
c.	has not been utilised for purpose for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	<b>No</b>

**II. Application or use of income or property for the benefit of persons referred to in section 13 [3].**

1.	Whether any part of the income or property of the institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person) ? If so, give details of the amount, rate of interest charged and the nature of security, if any.	<b>NO</b>
2.	Whether any land, building or other property of the institution was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.	<b>NO</b>



3.	Whether any payment was made to any such person during the previous year by way of salary allowance or otherwise? If so, give details.	NO
4.	Whether the services of the institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any.	NO
5.	Whether any share, security, or other property was purchased by or on behalf of the institution during the previous year from any such person? If so, give details thereof together with the consideration paid.	NO
6.	Whether any share, security, or other property was sold by or on behalf of the institution during the previous year to any such person? If so, the details thereof together with the consideration received.	NO
7.	Whether any income or property of the institution was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted.	NO
8.	Whether the income or property of the institution was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details.	NO

**III. Investment held at any time during the previous year(s) in concerns in which persons referred to in section 13(3) have a substantial interest.**

Sl.No	Name and address of the concern	Where the concern is a company No. and class of shares held	Nominal value of the investment	Income from the investment	Whether the amount in Col. 4 exceeded 5% of the capital of the concern during the previous year-say. Yes/No

For KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

(KUMAR CHANDAN)  
PARTNER

Membership No: 512866  
Registration No: 0025164N

Place :NEW DELHI  
Date : 18/09/2019  
UDIN : 19512866AAAABP3950

**INDIAN INCOME TAX RETURN ACKNOWLEDGEMENT**

[Where the data of the Return of Income in Form ITR-1 (SAHAJ), ITR-2, ITR-3,  
ITR-4 , ITR-5, ITR-6, ITR-7 transmitted electronically with digital signature]

Assessment Year  
**2018-19**

PERSONAL INFORMATION AND THE DATE OF ELECTRONIC TRANSMISSION	Name			PAN		
	PARIVARTAN SANDESH FOUNDATION			AABTP9011F		
	Flat/Door/Block No	Name Of Premises/Building/Village		Form No. which has been electronically transmitted	ITR-7	
	WZ-99					
	Road/Street/Post Office	Area/Locality		Status		
		OM VIHAR, UTTAM NAGAR		AOP/BOI		
	Town/City/District	State	Pin/ZipCode	Aadhaar Number/Enrollment ID		
	NEW DELHI	DELHI	110059			
	Designation of AO(Ward/Circle) ITO WARD 31(1)			Original or Revised ORIGINAL		
	E-filing Acknowledgement Number 893714171240718			Date(DD/MM/YYYY) 24-07-2018		
COMPUTATION OF INCOME AND TAX THEREON	1	Gross total income			1	0
	2	Deductions under Chapter-VI-A			2	0
	3	Total Income			3	0
	3a	Current Year loss, if any			3a	0
	4	Net tax payable			4	0
	5	Interest and Fee Payable			5	0
	6	Total tax, interest and Fee payable			6	0
	7	Taxes Paid	a Advance Tax	7a	0	
			b TDS	7b	0	
			c TCS	7c	0	
			d Self Assessment Tax	7d	0	
			e Total Taxes Paid (7a+7b+7c +7d)	7e	0	
	8	Tax Payable (6-7e)			8	0
9	Refund (7e-6)			9	0	
10	Exempt Income	Agriculture	0	10	0	
		Others	0			

This return has been digitally signed by MUKESH GARG in the capacity of Trustee

having PAN ARNPG0160B from IP Address 182.68.134.136 on 24-07-2018 at DELHI

Dsc SI No & issuer 2316315737225972489CN=SafeScript sub-CA for RCAI Class 2 2014,OU=Sub-CA,O=Sify Technologies Limited,C=IN

**DO NOT SEND THIS ACKNOWLEDGEMENT TO CPC, BENGALURU**

Name of Assessee	PARIVARTAN SANDESH FOUNDATION		
Address	WZ-99,OM VIHAR, UTTAM NAGAR,NEW DELHI,DELHI,110059		
Status	AOP Trust	Assessment Year	2018-2019
Ward	ITO WARD 31(1) ()	Year Ended	31.3.2018
PAN	AABTP9011F	Formation Date	17/02/2011
Residential Status	Resident		
A.O. Code	DEL-W-061-01		
Filing Status	Original		
Last Year Return Filed On	23/10/2017	Serial No.:	252780261231017
Bank Name	Axis Bank, Vaishali, Ghaziabad ,MICR:110211061, A/C NO:911020014502012 ,Type: Current ,IFSC: UTIB0000715		
Tele:	(011)41102397 Mob:9810667332		
Registration no :	DEL-PR22318- 03092012		
Registration Date :	03/09/2012		

### Computation of Total Income

Income from Other Sources (Chapter IV F)	0
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Aggregate of income u/s 11,12 and 10(23C)(iv),(v),(vi) and (via) excluding Voluntary contribution	9015189
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Less: Application of Income

Amount applied to charitable purposes in india during the previous year - Revenue Account	8580966	
Amount applied to charitable purposes in India during the previous year – Capital Account [Excluding application from Borrowed Funds and amount exempt u/s 11(1A)]	329658	
Amount applied to charitable purposes in India during the previous year - Capital Account (Repayment of Loan)	69748	
	8980372	

Income Exempt u/s 11(1)(a)		
Income Accumulated or Set Apart Upto 15% (of Voluntary Contributions other than corpus and Aggregate of income referred to in sections 11 and 12 )	34817	

	9015189
<b>Gross Total Income</b>	<b>0</b>

<b>Total Income</b>	<b>0</b>
Round off u/s 288A	0

Adjusted total income (ATI) is not more than Rs. 20 lakh hence AMT not applicable.

Tax Due	0
Tax Payable	0

Due Date for filing of Return September 30, 2018

Due date extended to 31/10/2018 F.NO.225/358/2018/ITA.II DT. 08.10.2018

As per notification, due date for the purpose of interest u/s 234A, has not been extended.

NAME OF ASSESSEE : PARIVARTAN SANDESH FOUNDATION  
Code :83

A.Y. 2018-2019 PAN : AABTP9011F

Aggregate of income u/s 11,12 and 10(23C) derived during the previous year

Receipts from main objects	9014283
Interest income	906
<b>Total</b>	<b>9015189</b>

**Details of Members of AOP**

**S. No. Name of Member**

**PAN**

- 1 Mukesh Garg
- 2 Dinesh Tiwari
- 3 Anita Yadav

Signature  
(MUKESH GARG)  
For PARIVARTAN SANDESH  
FOUNDATION

CompuTax : 83 [PARIVARTAN SANDESH FOUNDATION]

**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

**BALANCE SHEET AS ON 31ST MARCH, 2019**

LIABILITIES	Schedules	AMOUNT	ASSETS	Schedules	AMOUNT
RESERVE & SURPLUS	A	1,812,644.76	FIXED ASSETS	D	1,429,525.00
LOANS LIABILITIES	B	1,012,709.80	LOANS & ADVANCES		249,980.00
CURRENT LIABILITIES & PROVISIONS	C	494,396.00	CASH & BANK BALANCES	E	1,640,245.56
		<b>3,319,750.56</b>			<b>3,319,750.56</b>

**FOR KUMAR CHANDAN & ASSOCIATES**

For Parivartan Sandesh Foundation

Chartered Accountants

KUMAR CHANDAN

ICAI M. NO- 512866

**NEW DELHI- 18/09/2019**

**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

**INCOME & EXPENDITURE ACCOUNT FOR THE PERIOD ENDED ON 31ST MARCH, 2019**

EXPENSES	Schedule	AMOUNT	INCOME	Schedule	AMOUNT
Awareness Expense	N	1,271,680.00	Income From Donation	F	9,289,487.06
Donation to Others	O	229,561.00			
Educational Expenses	J	1,864,248.00			
Medical Relief Expense	K	970,940.00			
Sanitation Programme	M	1,540,285.00	Income from other sources	G	495.00
Skill Development	L	1,087,292.81			
Other Administration Expenses		1,905,321.44			
Excess of Income over Expenditure		420,653.81			
		<b>9,289,982.06</b>			<b>9,289,982.06</b>

**FOR KUMAR CHANDAN & ASSOCIATES**

Chartered Accountants

KUMAR CHANDAN

ICAI M. NO- 512866

**NEW DELHI- 18/09/2019**

For Parivartan Sandesh Foundation

**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

<b>Schedules forming part of the Accounts</b>		<b>As at 31-03-2019</b>
<b>Schedule A</b>		
<b>Reserves &amp; Surplus</b>		
Reserve Fund		
As per last Account		1,391,990.95
Add: Excess of Income over Expenditure		420,653.81
Less: Trf to Reserve Fund - Subscription		-
		<b>1,812,644.76</b>
<b>Schedule B</b>		
<b>LOANS LIABILITIES</b>		
Secured Loans		<b>1,012,709.80</b>
<b>Schedule C</b>		
<b>Current Liabilities &amp; Provisions</b>		
DUTIES & TAXES		39,916.00
SUNDRY CREDITORS		91,756.00
AUDIT FEE PAYABLE		362,724.00
SALARY PAYABLE		-
		<b>494,396.00</b>
<b>Schedule E</b>		
<b>Current Assets, Loans &amp; Advances</b>		
CASH IN HAND		1,194,975.58
BANK BALANCES		445,269.98
		<b>1,640,245.56</b>
<b>Loan &amp; Advances</b>		
SECURITY DEPOSIT FOR DDU		249,980.00
		<b>249,980.00</b>



PARIVARTAN SANDESH FOUNDATION		
WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059		
<b>Schedule F</b>		
<b>Income From Donations</b>		
Others		9,289,487.06
		<b>9,289,487.06</b>
<b>Schedule I</b>		
<b>Income from other sources</b>		
Bank Interest		495.00
		<b>495.00</b>
<b>Schedule J</b>		
<b>Educational Expenses</b>		1,864,248.00
		<b>1,864,248.00</b>
<b>Schedule K</b>		
<b>Medical Relief Expense</b>		970,940.00
		<b>970,940.00</b>
<b>Schedule L</b>		
<b>Anna Patra</b>		1,087,292.81
		<b>1,087,292.81</b>
<b>Schedule M</b>		
<b>Sanitation Programme</b>		1,540,285.00
		<b>1,540,285.00</b>
<b>Schedule N</b>		
<b>Awareness Expense</b>		1,271,680.00
		<b>1,271,680.00</b>
<b>Schedule O</b>		
<b>Donation to Others</b>		229,561.00
		<b>229,561.00</b>
<b>Schedule P</b>		
<b>Other Administration Expenses</b>		
Rent		416,000.00
Salary		798,399.00
Audit Fee		80,000.00
Bank Charges/ Interest		46,711.24
Insurance		37,682.00
Depreciation		286,236.00
Telephone Expense		9,305.64
Printing & Stationery		9,280.00
Electricity Expenses		38,859.00
Collection Charges		123,830.00
Interest Paid		46,708.56
Other Office Expenses		12,310.00
		<b>1,905,321.44</b>



**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

**Schedule Q**

**SIGNIFICANT ACCOUNTING POLICIES & NOTES TO ACCOUNTS**

**A. SIGNIFICANT ACCOUNTING POLICIES**

**1. Basis of Preparation of Accounts.**

Accounts are prepared on historical cost convention & under accrual Basis of accounting unless otherwise stated.

**2. Revenue Recognition**

1. Subscription is net of rebate allowed on timely payment and is recognized on receipt.

2. Interest on Investment is recognized on accrual basis.

**3. Fixed Assets**

1. Fixed Assets are stated at cost of acquisition inclusive of inward freight, duties and Taxes and incidental and direct expenses related to acquisition.

2. Fixed Assets, including Library Books received by way of non-monetary grants are capitalized at values stated, by corresponding credit to Reserve fund of foundation.

3. Grants Utilized in acquisition of specific assets are adjusted against the cost of the assets.

**4. Investments**

Investments are carried at cost.

**5. Donations**

1. Donations are accounted when Expenditures there against is incurred & realization is certain.

2. Donations utilized in procurement of Fixed Assets are shown as deduction from the cost of related assets.

**6. Salaries, Allowances & Retirement Benefits**

1. Salaries & Allowances are accounted on payment basis.

2. Gratuity is recorded on actual payment basis. No Provision for gratuity has been provided in the books of accounts.

3. Leave Encashment is accounted for on payment basis.

**B. NOTES TO ACCOUNTS**

1. Sundry Debtors are subject to confirmation.

2. Fixed Assets Register is compiled and updated. Depreciation on Fixed Assets purchased has been provided in the Books of Accounts.

3. No Provision for Income Tax is considered necessary as the Foundation is registered as a Non-Profit organization Under Income tax Act 1961.

4. Schedules From A to Q form an integral part of accounts.

For Kumar Chandan & Associates  
Chartered Accountants

KUMAR CHANDAN

ICAI M. NO- 512866

NEW DELHI- 25/07/2019

For Parivartan  
Sandesh Foundation

**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

**Schedule D****Fixed Assests As At 31st March 2019**

ASSETS	RATE %	OPENING WDV As on 04-01-17	ADDITION		DELETION	BALANCE As on 31-03-18	DEPRECIATION During The Year	CLOSING WDV As on 31-03-18
			Upto 27-09-17	After 27-09-17				
Car Ertiga	15%	409,827.00	-	-	-	409,827.00	61,474.00	348,353.00
Computers	40%	19,894.00	90,250.00	85,000.00	-	195,144.00	61,058.00	134,086.00
Eco Dispensary Van	15%	190,532.00	-	-	-	190,532.00	28,580.00	161,952.00
Furniture & Fittings	10%	58,321.00	-	-	-	58,321.00	5,832.00	52,489.00
RO-water Dispenser	15%	6,004.00	-	-	-	6,004.00	901.00	5,103.00
Telephone Equipment	15%	23,224.00	-	-	-	23,224.00	3,484.00	19,740.00
Car (Calerio)	15%	420,211.00	-	-	-	420,211.00	63,032.00	357,179.00
Car (Wagnor)	15%	412,498.00	-	-	-	412,498.00	61,875.00	350,623.00
<b>TOTAL</b>		<b>1,540,511.00</b>	<b>90,250.00</b>	<b>85,000.00</b>	<b>-</b>	<b>1,715,761.00</b>	<b>286,236.00</b>	<b>1,429,525.00</b>





## Parivartan Sandesh Foundation

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Phone: 011-41607111

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